



Voiture 1379 Communiqué for September 2019

2020 Dues are being collected now! Dues are only \$25.00

I have not received any renewals since the initial renewal notices were sent out. We currently have eighteen (18) members paid up for the 2020 membership year.

Here are the unpaid members for 2019 – Please take a moment and pay your dues today.

Larry Allen, Robert Beatty, Paul Bennett, Ray Crestwell, Jim Elliott, Ray Diven, Billie Gammill, Larry Hammes, Bill Hendrix, Dale Moses, Dale hunt, Janet Keating, Dan Mott, Cole Nixon, Jerry Phelps, Jake Samborski, Judi Samborski, Carmen Quintero, Roy Rash, Darrell Richards, Mike Scruby, Antoinette Shirley, John Worrell, and Dirk Stapleton.

Membership of an organization is its life blood and like many the 40et8 is also struggling with membership. Many of our members are passing away and more are not renewing their membership. We are currently fighting an uphill battle with membership. So we need to work on getting new members recruited and get current members to renew their membership. If things continue Nationale will need to increase dues to make up for the short fall in revenue. So let's all be on the lookout for deserving veterans and invite them to join the 40et8.

Suicide Prevention:

Suicide is a complex, national public health issue that affects communities nationwide, with more than 45,000 Americans, including more than 6,000 Veterans, dying by suicide every year. Suicide is preventable, and special training is not needed to prevent suicide. Everyone can play a role by learning to recognize warning signs, showing compassion to Veterans in need and offering support. Listed are actions anyone can take to Be There:

Reach out to Veterans to show them you care. Send a check-in text, cook them dinner or simply ask, "How are you?"

Learn the warning signs of suicide, found on the Veterans Crisis Line website.

Watch the free S.A.V.E. training video to equip yourself to respond with care and compassion if someone you know indicates they are having thoughts of suicide.

Check out t VA's Social Media Safety Toolkit to learn how to recognize and respond to social media posts that may indicate emotional distress, feelings of crisis or thoughts of suicide.

Contact VA's Coaching Into Care program when worried about a Veteran or loved one. A licensed psychologist or social worker will provide guidance on motivating your loved one to seek support. Learn more about the #BeThere campaign and access resources to help support Veterans at BeThereForVeterans.com. Veterans who are in crisis or having thoughts of suicide, and those who know a Veteran in crisis, can call the Veterans Crisis Line for confidential support available 24 hours a day, seven days a week, 365 days a year. Call 800-273-8255 and Press 1, text to 838255 or chat online at www.VeteransCrisisLine.net/Chat.

The Fall Grande Cheminot and Grand Chefs Homecoming will be held October 4th to the 6th in Saint Louis, MO at the Holiday Inn Earth City. Please come out and see what is going on the Grande du Missouri.

This months Promenade will be in Kansas City at Post 61 on September 25th with meal at the Post at 18:00 HRS and Promenade starting at 19:00 HRS.

Thank you for your service to Our Great Nation, your service the 40et8 through Voiture 1379 and Grande du Missouri. If we all work together we can and do make a difference.

Robert C. Emery, Correspondant Locale, Voiture 1379

Check us out on the web

<http://www.voiture1379.com>

<http://www.grandedumissouri.com>